



**LINGUA
BOOST**

PERSIAN

COURSE CONTENT

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2. Lesson 2: Who is this?
3. Lesson 3: Where do you live?
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Abbreviations

by m/f: said by male/female
to m/f: said to male/female
about m/f: said about male/female



Lesson 1

Hello!

Hello!
salam!

سلام

How are you?
chetori?

چطوری؟

I'm good.
man khobam.

من خوبم

What is your name?
esme shoma chie?

اسم شما چیه؟

My name is...
esme man ... ast.

اسم من ... است

Where are you from?
ahle kojayee?

اهل کجایی؟

I am from Sweden.
man ahle Swed hastam.

من اهل سوید هستم



Lesson 2

Who is this?

Who is this?
in kiye?
این کیه؟

This is my mother.
in madaram ast.
این مادرم است

This is my brother.
in baradaram ast.
این برادرم است

This is my sister.
in khaharam ast.
این خواهرم است

This is my father.
in pedaram ast.
این پدرم است

I have a large family.
man khanevadaye bozorgi daram.
من خانواده ی بزرگی دارم



Lesson 3

Where do you live?

Where do you live?
koja zendegi mikoni?
کجا زندگی می کنی؟

I live in Stockholm.
dar Stockholm zendegi mikonam.
در استکهلم زندگی می کنم

I live in an apartment.
dar yek apartman zendegi mikonam.
در یک آپارتمان زندگی می کنم

I live in a house.
dar yek khane zendegi mikonam.
در یک خانه زندگی می کنم

Where do your parents live?
valedainat koja zendegi mikonan?
والدینت کجا زندگی می کنند؟

My parents live in Oslo.
valedainam dar oslo zendegi mikonan.
والدینم در اسلو زندگی می کنند



Lesson 4

Where do you live? pt.2

My sister lives in Paris.

khaharam dar paris zendegi mikone.

خواهرم در پاریس زندگی می کنه

My brother lives in Madrid.

baradaram dar madrid zendegi mikone.

برادرم در مادرید زندگی می کنه

He has a very nice apartment.

oo yek apartmane khaili khob dare.

او یک آپارتمان خیلی خوب داره

I lived in London for a year.

man baraye yek sal dar landan zendegi kardam.

من برای یک سال در لندن زندگی کردم

I lived in Paris when I was ten years old.

vagti dah salam bud paris zendegi mikardam.

وقتی ده سالم بود پاریس زندگی می کردم

I have lived here for a long time.

khaili vagte inja zendegi mikonam.

خیلی وقته اینجا زندگی می کنم



Lesson 5

What do you like to do?

What do you like to do?
dost dari chikar koni?

دوست داری چیکار کنی؟

I like to walk.
dost daram qadam bezanam.

دوست دارم قدم بزنم

I like to read books.
dost daram ketab bekhonam.

دوست دارم کتاب بخوانم

I like to listen to music.
dost daram mosiqi gosh bedam.

دوست دارم موسیقی گوش بدم

I like to go swimming.
dost daram be shena beram.

دوست دارم به شنا برم

I like to sleep a lot.
dost daram ziad bekhabam.

دوست دارم زیاد بخوابم



Lesson 6

What do you like to do? pt.2

I like to practice sport.
dost daram varzesh konam.

دوست دارم ورزش کنم

Sometimes I watch television.
bazi vagta telvizion mibinam.

بعضی وقتا تلویزیون می بینم

I sometimes watch television in the evening.
bazi vagta asr telvizion mibinam.

بعضی وقتا عصر تلویزیون می بینم

He likes to practice sport a lot.
oo dost dare ziad varzesh kone.

او دوست داره زیاد ورزش کنه

He doesn't like to watch television.
oo telvizion didan ro dost nadare.

او تلویزیون دیدن رو دوست نداره

He reads a book every week.
oo har hafte yek ketab mikhone.

او هر هفته یک کتاب می خوانه



Lesson 7

What do you like to eat?

What do you like to eat?
chi dost darin bokhorin?

چی دوست دارین بخورین؟

I like pizza.
pitza mikhoram.

پیتزا می خورم

I never eat meat.
man hichvagt gosht nemikhoram.

من هیچوقت گوشت نمی خورم

I hate cheese.
man az panir motanaferam.

من از پنیر متنفرم

I don't like coffee.
ghahve dost nadaram.

قهوه دوست ندارم

Do you prefer tea or coffee?
chai mail darin ya ghahve?

چای میل دارین یا قهوه؟

I prefer black coffee.
ghahvaye talkh mikhoram.

قهوه تلخ می خورم



Lesson 8

Do you go out much?

Do you go out much?
aya ziad biron mirin?

آیا زیاد بیرون میرین؟

I prefer to stay at home.
man tarjih midam dar khane basham.

من ترجیح میدم در خانه باشم

I like to spend time with friends.
man vaght gozarandan ba dostanam ra dost daram.

من وقت گذراندن با دوستانم را دوست دارم

I like to spend time with family.
man dost daram ba khanevadam vaght begzaranam.

من دوست دارم با خانواده ام وقت بگذرانم

I go to the gym twice a week
dar hafte do bar be bashgahe varzeshi miram.

در هفته دوبار به باشگاه ورزشی میرم

I don't have many friends.
man dostane ziadi nadaram.

من دوستان زیادی ندارم

I am very sociable.
man adame ejtemayee hastam.

من ادم اجتماعی هستم



Lesson 9

What are you doing?

What are you doing?
dari chikar mikoni?

داری چیکار می کنی؟

I am reading.
man ketab mikhanam.

من کتاب می خوانم

I am listening to music.
man mosiqi gosh midam.

من موسیقی گوش میدم

I am watching television.
man televizion mibinam.

من تلویزیون می بینم

I am listening to the news.
man be akhbar gosh midam.

من به اخبار گوش میدم

Nothing special.
chize bekhososi nist.

چیز به خصوصی نیست



Lesson 10

What are you doing? pt.2

I am listening to the radio.

radio gosh midam.

رادیو گوش می دم

I am in my room listening to music.

dar otaqam mosiqi gosh midam.

در اتاقم موسیقی گوش میدم

What is he doing?

oon dare chikar mikone?

اون داره چیکار می کنه؟

He is watching television.

telvizion mibine.

تلویزیون می بینه

He is reading a book.

dare ketab mikhone.

داره کتاب می خونه

He is driving a car.

oo ranandegi mikone.

او رانندگی می کنه



Lesson 11

Are you married?

Are you married?
ezdevaj kardin?

ازدواج کردین؟

I am married.
man ezdevaj karde am.

من ازدواج کرده ام

When did you get married?
chand vaghte ezdevaj kardin?

چند وقته ازدواج کردین؟

I have been married for ten years.
man dah sale ke ezdevaj kardam.

من ده ساله که ازدواج کردم

I got married twenty years ago.
bist sal pish ezdevaj kardam.

بیست سال پیش ازدواج کردم

I am not married.
ezdevaj nakarde am.

ازدواج نکرده ام

This is my husband.
ishon shohare man hastan.

ایشون شوهر من هستن

This is my wife.
ishon khanome man hastan.

ایشون خانم من هستن



Lesson 12

How old are you?

How old are you?
chand sale hasti?

چند ساله هستی؟

I am 40 years old.
chehel sale hastam.

چهل ساله هستم

How old is he?
chand sale ast?

چند ساله است؟

He is eighteen.
oo hejdah sale ast.

او هیجده ساله است

She is fifteen.
oo panzdah sale ast.

او پانزده ساله است

I am very old.
khaili pir shodam.

خیلی پیر شدم



Lesson 13

Do you have children?

Do you have children?
shuma bache darin?

شما بچه دارین؟

I have a son.
man yek pesar daram.

من یک پسر دارم

I have a daughter.
man yek dokhtar daram.

من یک دختر دارم

How many children do you have?
chand ta bache darin?

چند تا بچه دارین؟

I have two children.
man dota bache daram.

من دو تا بچه دارم

They have two children.
anhaa dota bache daran.

آنها دو تا بچه دارند



Lesson 14

Travel and vacation

I like to travel.
man safar kardan ro dost daram.

من سفر کردن رو دوست دارم

I want to visit Germany.
man mikham be almaan beram.

من می خوام به آلمان بروم

I enjoy visiting Italy.
dost daram be italia beram.

دوست دارم به ایتالیا برم

Have you been to England?
aya be engilis rafti?

آیا به انگلیس رفتی؟

I have never been there.
man hijvaqt anja naraftam.

من هیچوقت آنجا نرفتم

I was in France.
faranse budam.

فرانسه بودم

Have you ever been to Paris?
paris rafti?

پاریس رفتی؟

I went there on holiday last year.
tatilaate sale pish anja raftam.

تعطیلات سال پیش آنجا رفتم



Lesson 15

Where is...?

Where is the museum?

moze kojast?

موزه کجاست؟

The museum is on the left.

moze samte chap ast.

موزه سمت چپ است

Do you know where my keys are?

midoni kilidhayee man kojast?

می دونی کلید های من کجاست؟

Your keys are on the table.

kilidat roye miz hastan.

کلیدات روی میز هستن

Have you seen my glasses?

ainake mano didi?

عینک منو دیدی؟

Your glasses are on the chair.

ainaket roye sandali hast.

عینکت روی صندلی هست

Her office is in the centre of town.

daftare karesh dar markaze shahr ast.

دفتر کارش در مرکز شهر است



Lesson 16

What did you do today?

How was your day?
rozet chetor bud?

روزت چطور بود؟

It was very good.
khaili khob bud.

خیلی خوب بود

What did you do today?
emruz chi kar kardi?

امروز چی کار کردی؟

I listened to music.
mosiqi gosh dadam.

موسیقی گوش دادم

Today I went to the cinema.
emruz sinama raftam.

امروز سینما رفتم

Today I worked at the office.
emruz dar edare kar mikardam.

امروز در اداره کار می کردم



Lesson 17

What did you do today? pt.2

I went shopping to buy food.

raftam kharid qaza bekharam.

رفتم خرید غذا بخرم

I went to the shop to buy milk.

raftam maqaze sheer bekharam.

رفتم مغازه شیر بخرم

I phoned my friend this morning.

emruz sobh be dostam zang zadam.

امروز صبح به دوستم زنگ زدم

I went to a cafe for breakfast.

be yek cofee shop baraye sobhane khordan raftam.

به یک کافی شاپ برای صبحانه خوردن رفتم

I have watched television all day.

tamame roz telvizion didam.

تمام روز تلویزیون دیدم

I had to go to the pharmacy today.

emruz bayad darokhone miraftam.

امروز باید داروخانه می رفتم



Lesson 18

What do you do?

What do you do?
mashqole che kari hasti?

مشغول چه کاری هستی؟

I am a student.
man danesh amozam.

من دانش آموزم

I am retired.
man bazneshaste hastam.

من بازنشسته هستم

I am unemployed.
man bikaram.

من بیکارم

I work in a restaurant.
man dar yek resturant kar mikonam.

من در یک رستوران کار می کنم

I am a programmer.
man barname nevis hastam.

من برنامه نویس هستم

She works in a hotel.
oo dar yek hotel kar mikonad.

او در یک هتل کار میکند



Lesson 19

What's the weather like?

What is the weather like today?

emruz hava chetore?

امروز هوا چگونه؟

It is cold.

sard ast.

سرد است

Is it raining?

baroon mibarad?

بارون می بارد؟

No, it is not raining.

na, baroon nemibare.

نه، بارون نمی باره

Today the weather is bad.

emruz hava khob nist.

امروز هوا خوب نیست

It's been raining for an hour.

yek saate ke baroon mibare.

یک ساعته که بارون می باره



Lesson 20

How was the weather?

How was the weather yesterday?

diroz hava chetor bud?

دیروز هوا چطور بود؟

It was cloudy yesterday.

diroz hava abri bud.

دیروز هوا ابری بود

The weather was horrible. It rained.

hava khaili bad bud. baroon mibarid.

هوا خیلی بد بود. بارون می بارید

It rained all day.

tamame rooz baroon barid.

تمام روز بارون بارید

It was cloudy and cold.

hava sardo abri bud.

هوا سرد و ابری بود

Today the weather is nice, but yesterday was horrible.

emruz hava khaili khobe, ama diroz hava khob nabud.

امروز هوا خیلی خوبه، اما دیروز هوا خوب نبود



Lesson 21

Where are you?

Where are you?

kojayee?

کجایی؟

I am at the beach.

man dar sahelam.

من در ساحلم

I am at home.

man dar khane am.

من در خانه ام

I am at work.

man sare karam.

من سر کارم

I am at the post office.

man dar edareye post hastam.

من در اداره پست هستم

I am going to the post office.

miram be edareye post.

می رم به اداره پست

I am at the bus stop with my wife.

hamrahe hamsaram dar istgahe otobos hastim.

همراه همسرم در ایستگاه اتوبوس هستیم



Lesson 22

Where were you yesterday?

Where were you yesterday?

diroz koja budi?

دیروز کجا بودی؟

I went to a party.

mehmoni rafte budam.

مهمانی رفته بودم

I was at the cinema together with a friend.

ba yek dost sinama rafte budam.

با یک دوست سینما رفته بودم

I met friends.

dostam ro didam.

دوستانم رو دیدم

I met friends in the cafe.

dostam ro toyee kafi shop didam.

دوستانم رو توی کافی شاپ دیدم

I was in the countryside.

rosta budam.

روستا بودم



Lesson 23

Where were you yesterday? pt.2

I went shopping.
kharid raftam.

خرید رفتم

I bought a shirt.
yek pirahan kharidam.

یک پیراهن خریدم

I bought a new car.
yek mashin jadid kharidam.

یک ماشین جدید خریدم

I watched television yesterday afternoon.
diroz bad az zohr telvizion didam.

دیروز بعد از ظهر تلویزیون دیدم

In the afternoon I watched a film with friends.
bad az zohr ba dostam film didam.

بعد از ظهر با دوستانم فیلم دیدم

I visited my parents.
be didane valedainam raftam.

به دیدن والدینم رفتم



Lesson 24

Can you speak Persian?

Can you speak Persian?
mitoni farsi harf bezani?

می تونی فارسی حرف بزنی؟

I speak Persian.
man farsi harf mizanam.

من فارسی حرف می زنم

I know a few words of Persian.
kami farsi baladam.

کمی فارسی بلدم

I only know a few words of Persian.
faqat kami kalameye farsi baladam.

فقط کمی کلمه ی فارسی بلدم

I don't speak Persian.
man farsi nemitonam harf bezanam.

من فارسی نمی تونم حرف بزنم

I want to learn Persian.
mikham farsi yad begiram.

میخواهم فارسی یاد بگیرم



Lesson 25

Can you speak Persian? pt.2

How long have you been learning Persian?
chand vagte farsi yad migiri?

چند وقته فارسی یاد می گیری؟

I have been learning Persian for one year.
yek sal farsi khondam.

یک سال فارسی خواندم

I know how to read Persian.
man mitonam farsi ro bekhonam.

من میتونم فارسی رو بخونم

I know how to read Persian but not to speak (Persian).
man mitonam farsi ro bekhonam ama nemitonam harf bezanam.

من می تونم فارسی رو بخونم اما نمیتونم حرف بزنم

How many languages do you speak?
be chand zaban sohbat mikoni?

به چند زبان صحبت می کنی؟

I speak English, Swedish and Persian.
man englisi, swedani va farsi harf mizanam.

من انگلیسی، سویدنی و فارسی حرف می زنم



Lesson 26

How often do you...?

How often do you go to the cinema?

chand vagt be chand vagt be sinama miri?

چند وقت به چند وقت به سینما میری؟

I never go to the cinema.

man aslan sinama nemiram.

من اصلا سینما نمی رم

I rarely go to the cinema.

be nodrat be sinama miram.

به ندرت به سینما می رم

How often do you go swimming?

chand vagt be chand vagt be shena miri?

چند وقت به چند وقت به شنا میری؟

I go swimming three times a week.

se bar dar hafte be shena miram.

سه بار در هفته به شنا می روم

I often go shopping.

aqlaban be kharid miram.

اغلبا به خرید میرم



Lesson 27

How often do you...? pt.2

How often do you write a letter?

chand vagt be chand vagt name minevisi?

چند وقت به چند وقت نامه می نویسی؟

I never write letters.

aslan name neminevisam.

اصلا نامه نمی نویسم

I write to my aunt every month.

har mah be khale/ame am name minevisam.

هر ماه به خاله/عمه ام نامه می نویسم

I often read the newspaper.

aqlab rozname mikhonam.

اغلبا روزنامه می خوانم

I read the newspaper everyday.

har roz rozname mikhonam.

هر روز روزنامه می خوانم

I watch too much television.

khaili telvizion mibinam.

خیلی تلویزیون می بینم



Lesson 28

How was your week?

How was your week?
hafte at chetor gozasht?
هفته ات چطور گذشت؟

It was good.
khob bod.

خوب بود

My friends arrived on Monday.
dostanam roze doshanbe residand.

دوستانم روز دوشنبه رسیدند

I worked in the office.
dar daftar kar mikardam.

در دفتر کار می کردم

My sister visited on Thursday.
khaharam roze panj shanbe be man sar zad.

خواهرم روز پنجشنبه به من سر زد

I walked my dog everyday.
har roz sagam ra be ghadam zadan mibaram.

هر روز سگم را به قدم زدن می برم

I bought a new phone a few days ago.
chand roz pish yek goshiye jadid kharidam.

چند روز پیش یک گوشی جدید خریدم



Lesson 29

Opinions

I think so.
intor fekr mikonam.

اینطور فکر میکنم

Maybe.
shayad.

شاید

Ok.
khob ast.

خوب است

Really?
vaghean?

واقعاً؟

I don't remember.
yadam nemiad.

یادم نمیاد

Of course.
albate.

البته

Of course not.
albate ke na.

البته که نه



Lesson 30

Time (and day) to talk

We can talk tomorrow if you want.
agar bekhahin farda sohbat mikonim.

اگر بخواهین فردا صحبت می کنیم

What time is good for you?
che saati baraye shoma monaseb ast?

چه ساعتی برای شما مناسب است؟

Ten o'clock suits me.
saate dah khob ast.

ساعت ده خوب است

I can't talk tomorrow.
farda sohbat nemikonam.

فردا صحبت نمی کنم

What day is it today?
emroz chand shanbe ast?

امروز چند شنبه است؟

Today it is Monday.
emroz do shanbe ast.

امروز دوشنبه است

Tomorrow is Tuesday.
farda se shanbe ast.

فردا سه شنبه است

